

Guest Parking
The holidays are a great time to visit with family and friends. Please make sure your guests park in designated areas and keep your noise to a respectful level for your neighbors.

A Chill in the Air
Chilly weather is here, so try these tips to keep your home as cozy as possible:

- Keep blinds and curtains closed to block cold air from entering your home. However, if your home is sunny, you may want to open them during the day to get some solar heat.
- Place items that generate heat, such as lights and electronics, away from your thermostat for accurate readings.
- Allow your faucets to drip slightly when the temperature is below freezing or when the weather is extremely cold. This will prevent your pipes from freezing.
- Make sure all windows and doors are closed securely.

We know it’s cool to live in our community, but it doesn’t have to be chilly. Please notify the office if you have any concerns about the heat in your home. We will happily respond to this or any other service request you may have.



Black Friday Tips
Get ready for the busiest shopping day of the year!

- Your local Thanksgiving Day newspaper is a great source to local savings. It will let you know specific times for special savings.
- Research the products you want before you get them. Bad products are a bad buy, no matter the price.
- Check out Thanksgiving Eve online shopping. Many items can be ordered and picked up the next day at your local store.
- Know the store policies on returns. Many retailers are including restocking fees and also shorter return deadlines. Keep all receipts; get gift receipts for easy returns.

Make a detailed plan of your day and have fun!



Traveling at Any Age
We’re entering the travel holidays. By planning ahead, there should be very few hiccups along the way.

- If you’re staying in a hotel room, always ask for rooms close to the elevator and handicap room availability if needed.
- If you’re flying, make sure you follow all guidelines on packing medication. Check out www.tsa.gov for detailed information. Let the airline know of any supplemental oxygen needs.
- The Transportation Security Administration has a program for screening people with disabilities and their mobility aids, devices and medical equipment. Advance notice does need to be provided to the airline or travel agent.



S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	NOVEMBER		

Nov. 1 – **Gipsy Kings**: Ryman Auditorium
Nov. 1-6 – **“Hadestown”**: TPAC
Nov. 2-3 – **Cole Swindell**: Ryman Auditorium
Nov. 3 – **Amanda Seales**: TPAC
Nov. 4 – **“And That’s Why We Drink”**: TPAC
Nov. 4 – **The Lone Bellow**: Ryman Auditorium
Nov. 5 – **Megan Stalter**: TPAC
Nov. 5 – **We the Kingdom**: Ryman Auditorium
Nov. 6 – **The Revivalists**: Ryman Auditorium
Nov. 8 – **Dayglow**: Ryman Auditorium
Nov. 9 – **CMA Awards**: Bridgestone Arena
Nov. 10 – **Chris Renzema**: Ryman Auditorium
Nov. 11 – **Craig Morgan**: Ryman Auditorium
Nov. 12 – **Nashville Predators vs. NY Rangers**
Nov. 12 – **“Stomp”**: TPAC
Nov. 12 – **“Entre Ellas”**: TPAC
Nov. 12 – **Louder with Crowder**: Ryman Auditorium
Nov. 13 – **Tennessee Titans vs. Denver Broncos**
Nov. 13 – **Men’s Basketball: UT v. Colorado**:
Bridgestone Arena
Nov. 13 – **Spy Ninjas Live**: TPAC
Nov. 13 – **Lynyrd Skynyrd**: Ryman Auditorium
Nov. 13 – **The 1975**: Municipal Auditorium
Nov. 13 – **Disney Junior Live**: Grand Ole Opry House
Nov. 14 – **Charley Crockett**: Ryman Auditorium
Nov. 15 – **Nashville Predators vs. Minnesota Wild**
Nov. 15 – **Tauren Wells**: Ryman Auditorium
Nov. 16 – **Five Finger Death Punch**: Bridgestone
Arena
Nov. 17 – **Nashville Predators vs. NY Islanders**
Nov. 17 – **Yelawolf**: Ryman Auditorium
Nov. 17 – **Pop-Up Magazine: Love Stories**: War
Memorial Auditorium
Nov. 17-Dec. 23 – **“The Wizard of Oz”**: Nashville
Children’s Theater
Nov. 18 – **Joanne Shaw Taylor**: TPAC
Nov. 18 – **Southern Soul Music Festival**: TPAC
Nov. 18 – **Nashville R&B Music Experience**:
Bridgestone Arena
Nov. 18 – **Trombone Shorty**: Ryman Auditorium
Nov. 19 – **Nashville Predators vs. Tampa Bay
Lightning**
Nov. 19 – **Dropkick Murphys**: Ryman Auditorium
Nov. 20 – **Scott Hamilton & Friends**: Bridgestone
Arena
Nov. 20 – **CoComelon Live**: TPAC
Nov. 20 – **No Small Endeavor**: Ryman Auditorium
Nov. 21 – **Nashville Predators vs. Arizona Coyotes**
Nov. 21 – **Christmas 4 Kids**: Ryman Auditorium
Nov. 22 – **Omar Apollo**: Ryman Auditorium
Nov. 23 – **W.A.S.P.**: Ryman Auditorium
Nov. 25 – **Nashville Predators vs. Colorado
Avalanche**
Nov. 25-27 – **Brett Eldredge**: Ryman Auditorium
Nov. 25-27 – **Flea Market**: The Fairgrounds Nashville
Nov. 25-Jan. 2 – **Enchant Nashville**: First Horizon
Park
Nov. 26 – **Nashville Predators vs. Columbus Blue
Jackets**
Nov. 27 – **Tennessee Titans vs. Cincinnati Bengals**
Nov. 27 – **A Drag Queen Christmas**: TPAC
Nov. 28 – **Natalie Grant**: Ryman Auditorium
Nov. 29 – **Nashville Predators vs. Anaheim Ducks**
Nov. 30 – **Jon Bonham’s Led Zeppelin Evening**:
Ryman Auditorium
Nov. 30 – **The Piano Guys**: Grand Ole Opry House

All dates subject to change without notice

THE SUMMIT

APARTMENT HOMES

100 Mountain High Drive • Cane Ridge, TN 37013 • (615) 731-1200

Schatten Properties Management, Inc.

We Thank You!
This holiday season we are thankful you have chosen our community your place to call home! Thank you for picking up any trash you see. Thank you for being kind and courteous to your neighbors. Thank you for not speeding, and thank you for watching out for pedestrians. We’re so glad you are here!

Veterans Day
In 1918, World War I and all its hostilities were formally ended at the 11th hour of the 11th day of the 11th month. November 11 is a day in which we take a moment to honor all those who have bravely served in the armed services. These men and women are honored for giving heart, mind, and body to the armed forces to fight for our freedom. The Summit as a community wants to thank all of you who played a part of this. Our freedom was made possible because of you.



Closed for Thanksgiving
Our office will be closed on **Thursday, November 24** and will reopen on Friday, November 25. Wishing you all a very Happy Thanksgiving and special times with family and friends.

Be Thankful
Although we should spend more than one day being thankful for what we have, we focus on that aspect on Thanksgiving Day. It’s a day to celebrate with your family and friends and reflect back throughout the year. Hopefully it’s been a year of learning and growing. Many spend the day in service for others by volunteering for the less fortunate. Whatever you do, be filled with gratitude. If you’re not where you want to be this year, begin now to make changes in your life for next year.

Say Goodbye to Daylight Saving Time
Although there is a great push to keep Daylight Saving Time year round, it hasn’t passed the final hurdle nationwide yet. Check the laws of your state to see if you will “Fall Back” an hour on Sunday, November 6.

NOVEMBER
2022

STAFF
Brittany Ambrose-Myatt, NALP
Property Manager
Whitney Smith, NALP
Assistant Manager
Shawn Barnes
Leasing Consultant
Bree Collins
Leasing Consultant
Tyson Adkinson
Maintenance Supervisor
Michael Wynn
Maintenance
James Bullock
Maintenance
Travis Simpson
Maintenance
Steven Moss
Groundskeeper
Vanessa Renner
Housekeeping
Jake Cates
Courtesy Officer
Vernon Berry
Courtesy Officer

OFFICE HOURS
Monday-Friday
8:30am – 5:30pm
Saturday
9:00am – 4:00pm
Sunday
Closed

PEST CONTROL
Wed., Nov 2
400s

1 1 2 2



DAYS OF SAVING & GIVING

The five days after Thanksgiving are great days to save and to give.

NOV 25 BLACK FRIDAY
DEALS BEGIN ON
THANKSGIVING DAY

NOV 26 SMALL BUSINESS SATURDAY
SHOP LOCAL

NOV 28 CYBER MONDAY
THE BEST DAY TO
SHOP ONLINE

NOV 29 GIVING TUESDAY
GIVE TO YOUR FAVORITE
CHARITY OR ORGANIZATION

NOVEMBER HOLIDAYS AND OBSERVANCES

NOV 3
NATIONAL
SANDWICH
DAY

NOV 6
DAYLIGHT
SAVING
TIME ENDS

NOV 11
VETERANS
DAY

NOV 17
THE GREAT
AMERICAN
SMOKEOUT

NOV 5
NATIONAL
REDHEAD DAY

NOV 8
ELECTION
DAY

NOV 13
WORLD
KINDNESS
DAY

NOV 24
THANKSGIVING
DAY

Thanksgiving Day

WORD SEARCH

BAKE
BREAD
CELEBRATE
FALL
FAMILY
GRATEFUL
NOVEMBER
PIE
THANKFUL
THURSDAY
TRADITION
TURKEY

O P E L H Y N L P N I N
Y G V T P W T B T U J F
C H B P A G C R L W M R
I N J W W R S Y L T O Q
W F V S J Z B O A R D V
Q S G G R A T E F U L B
D A E R B W C X L E V M
T N V O G E E M R E Z X
D P O B P N C T X L C Y
S N X V I R R L T P L Y
U V O B E S W H Z I C E
J S A I P M A A M U Z K
S K E N T N B A G C M R
E E C B K I F E I U F U
L E L F Y A D S R U H T
I U U Q R M E A E R J S
P L W L L V F N R E C V
W F Z Y Z K C T P T J F

Being Thankful

We all need to be reminded of our blessings and to practice being thankful. Try the two-minute gratitude journal, whether electronically or writing in a journal. This is great for bullet journaling, one page a month.

Keep it simple – here's a sample:

11/1 - Someone paid for my coffee today in the drive-thru lane. I passed it on.
11/2 - My neighbor brought over some banana bread and it was delicious.
11/3 - The kids surprised me by folding and putting away the towels and washcloths.

Got it? Good! Try it every day in November. On Thanksgiving morning, go back and read your journal for the month. You'll find yourself even more thankful.

IT'S TIME TO STOP – NOW!

Plan, prepare, and break the cycle now. November 17 is **The Great American Smokeout** and you are challenged to give up your cigarettes for 24 hours. It's a great way to stop smoking NOW!

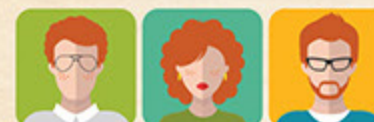
Don't do it alone – check out all there is at **cancer.org** and search The Great American Smokeout.

OUR VETERANS MATTER

We recognize and honor our veterans.

Here are some safe things to say and do.

- "Welcome home!"
- "Thank you for your service."
- Pay for their meal or coffee.
- Ask how they are doing and listen without judging and without interrupting.
- Let them know you are proud to be their friend.



BEING RED

Did you know that less than 2% of the world's population has red hair? The highest percentage found is 13% in Scotland and 10% in Ireland.

The rarest hair/eye color combination is red hair and blue eyes.

Redheads are less likely to go gray. The pigment may fade over time from red to blonde and white, but not gray.

Redheaded people are more likely to be left-handed.

More Vitamin D is produced in a shorter amount of time by people with red hair.

Although they may have fewer strands of hair compared to other colors, redhead strands are much thicker.



This appetizer may make them forget about the main course!



Shake Parmesan cheese onto buttery rectangular crackers (*Club crackers*), wrap with a bacon slice and then bake until crisp.

Holiday Bacon Appetizers

Thanksgiving CHECKLIST

While we love all that the holidays provide – friends and family celebrations – it can also be stressful.

Here's a checklist that can help get you motivated to plan and prepare.

- ☐ Write out your guest list and your menu. Ask others to bring specific food.
- ☐ Decorate your home.
- ☐ Clear out cupboards or pantry of any old or non-used food items.
- ☐ Clean out your refrigerator and freezer to make room for any food you can prepare ahead of time.
- ☐ Buy your turkey early. Allow ample time for thawing.
- ☐ Shop for groceries the weekend before to miss the "last minute" crowd.
- ☐ Clean your home the weekend before the big day and touch up the night before.
- ☐ Prepare your cooking plan the week of Thanksgiving. What can be done early?
- ☐ Set the table early in the week and see if you're missing anything.
- ☒ **ENJOY** because you are prepared!

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pressing signs • marketing • fulfillment • promo

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